

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOOTBALL	FORM FOOTBALL	FORM FOOTBALL	OFF	FORM FOOTBALL	Form Football
BOYS CRICKET		SCT & JCT 7.20-8.40am indoors U-13's 4 - 5.45pm Indoors	Junior 2 -3.30pm Indoor MATCH DAY		U-14's & Jun B Indoor 4 - 5.45pm
BOYS TENNIS	U-13's & SENIORS		MATCH DAY		U-14 & JUNIOR
GIRLS TENNIS		1ST YR AND SENIOR	MATCH DAY	MINOR & JUNIOR	
GIRLS CRICKET	SENIOR & JUNIOR INDOOR NETS	2ND AND 3RD YEARS (Outdoor)	MATCH DAY	1st Year Indoor Nets	1st Year (Outdoor)
STRENGTH AND CONDITIONING	AS NORMAL	AS NORMAL	AS NORMAL	AS NORMAL	AS NORMAL
ATHLETICS	Throws	Track		Track/ Long Jump/ High Jump	Track