

EXTRA CURRICULAR ACTIVITIES

4th, 5th and 6th Year Students

Activity	Details	Day	Time	Room	Teacher
Christian Union	The Christian Union or CU in St Andrew's College is a welcome-to-all club where students meet, discuss and learn about Christian topics. The CU is run and organised by the senior members of the group and supervised by the religious education department of the school. It is a friendly, relaxed place to come, to eat, to listen and to participate in the Christian faith. Guest speakers come in and talk, fun activities occur and a weekend away is organised in November every year.	Thursday	Lunch	7.02	Mr McAndrew
Choir	See music board outside Library Times vary throughout the year				Ms Sludds
Club Gaelach	The aim of the Club Gaelach is to give students an opportunity to practise their spoken Irish in a relaxed informal environment. Sult, Spraoi agus Spórt!	Monday	Lunch	1.01	Ms Clancy Ms O'hUadhaigh
Chinese	Open to all Fourth Year students	Tuesday Thursday	4.00pm – 5.00pm	9.14	Ref: Mr Hickmott
Games Club Start Date: To be advised, will happen but details to follow	All students are welcome to come and enjoy a bit of down time. Games such as Monopoly, Cluedo and Connect 4 are available and students are also welcome to bring their own games				
Grapevine/Grapevision	Open to all Students	Thursday	1.30pm – 1.45pm	4.05	Ms Mockler
Intercultural Week	Ms Lane to advise on details				

Orchestra	Orchestra open to Fourth, Fifth and Sixth Year Students All orchestral instrumentals players welcome	Friday	8am	Chapel	Ms Sludds
Young Scientist	Ms Rimbi to advise on details				
Equestrian Team	Meeting of the Equestrian Team	Tuesday	1.25pm	7.05	

SPORTS

4th, 5th and 6th Year Students

Badminton	Open to all 1 st to 6 th Years	Monday	4.00pm – 6.00pm	Senior Hall	
Basketball (Girls)	Under 16's and Under 18's	Tuesday	4.00pm – 6.00pm	B'Ball Court	
Basketball (Boys)	To be confirmed				
Judo	Open to all 1 st to 6 th Year Students	Monday	4.00pm – 6.00pm	Sports Hall	Mr Martin
Sports – Strength and Conditioning Strength and conditioning programmes for all students after school. Our aim is to produce students who want to grow up healthy, strong and have a lifelong love of working out thus avoiding the common problems associated with childhood inactivity and obesity.	Boys Fitness Times	Monday	4.00pm – 5.00pm	PE Gym	Mr Jones
		Monday	5.00pm – 6.00pm	Weight Rm	Mr Jones
		Tuesday	4.00pm – 5.00pm	Weight Rm	Mr Jones
		Tuesday	5.00pm – 6.00pm	PE Gym	Mr Jones
		Wednesday	1.30pm – 2.30pm	Weight Rm	Mr Jones
		Wednesday	2.30pm – 3.30pm	PE Gym	Mr Jones
		Thursday	4.00pm – 5.00pm	PE Gym	Mr Jones
		Thursday	5.00pm – 6.00pm	Weight Rm	Mr Jones
		Friday	4.00pm – 5.00pm	Weight Rm	Mr Jones
		Friday	5.00pm – 6.00pm	PE Gym	Mr Jones
		Monday	4.00pm – 5.00pm	Weight Rm	Ms Wallace
		Monday	5.00pm – 6.00pm	PE Gym	Ms Wallace
		Tuesday	4.00pm – 5.00pm	PE Gym	Ms Wallace
		Tuesday	5.00pm – 6.00pm	Weight Rm	Ms Wallace
		Wednesday	1.30pm – 2.30pm	PE Gym	Ms Wallace
		Wednesday	2.30pm – 3.30pm	Weight Rm	Ms Wallace
		Thursday	4.00pm – 5.00pm	Weight Rm	Ms Wallace
		Thursday	5.00pm – 6.00pm	PE Gym	Ms Wallace
	Girls Fitness Times				

		Friday	4.00pm – 5.00pm	PE Gym	Ms Wallace
		Friday	5.00pm – 6.00pm	Weight Rm	Ms Wallace
Rugby	SCT A & TY Saturday Training Times/Games may change, check notice board for changes on a weekly basis	Monday	4.30pm – 6.00pm	Main Pitch Top End	Mr Kirk
		Tuesday	4.30pm – 6.00pm	Main Pitch Top End	Mr Kirk
		Saturday	10.30am – 12.00pm	Main Pitch	Mr Kirk
	SCT Squad Saturday Training Times/Games may change, check notice board for changes on a weekly basis	Monday	4.30pm – 6.00pm	Main Pitch	Mr Kirk
		Tuesday	4.30pm – 6.00pm	Main Pitch	Mr Kirk
		Saturday	10.30am – 12.00pm	Main Pitch	Mr Kirk
Hockey (Girls)	1 st X1	Monday	4.00pm – 6.00pm	Water Pitch	
	2 nd X1	Monday	4.00pm – 5.30pm	Water Pitch	
	3 rd X1 / 4 th X1	Monday	4.00pm – 5.20pm	Water Pitch	
	Minor A	Monday	5.15pm – 6.45pm	Water Pitch	
	Minor B / Minor C / Minor D	Monday	5.30pm – 6.45pm	Water Pitch	
	Junior A / Junior B / Junior C / Junior D	Tuesday	4.00pm – 6.00pm	Sand Pitch	
	Minor A	Thursday	4.00pm – 5.30pm	Water Pitch	
	Minor B / Minor C / Minor D	Thursday	4.00pm – 5.20pm	Water Pitch	
	Junior A	Thursday	5.30pm – 6.30pm	Water Pitch	
	Senior 1 / Senior 2	Thursday	5.30pm – 6.30pm	Water Pitch	
Hockey (Boys)	Junior B	Monday	4.00pm – 5.30pm	Sandbased	
	2 nd Year	Monday	4.00pm – 5.30pm	Sandbased	
	Senior A	Tuesday	4.00pm – 5.15pm	Waterbased	
	Senior B	Tuesday	5.15pm – 6.30pm	Waterbased	
	Junior A	Tuesday	5.15pm – 6.30pm	Waterbased	
	Under 13's	Tuesday	4.00pm – 5.30pm	Waterbased	
	Junior B	Thursday	4.00pm – 5.30pm	Sandbased	
	2 nd Year	Thursday	4.00pm – 5.30pm	Sandbased	
	Senior A	Friday	5.00pm – 6.00pm	Waterbased	
	Senior B and Junior A	Friday	4.00pm – 5.00pm	Waterbased	
	Under 13's	Friday	4.00pm – 5.30pm	Waterbased	

